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www.dainferncollege.co.za

HIGH SCHOOL NEWS

30 January 2012

no. 04

Dear High School Parents, Students and Staff

✦ **SUPPORTING YOUR CHILD'S JOURNEY THROUGH HIGH SCHOOL**

High school is a busy time for teenagers. Their bodies, minds and spirits grow and change rapidly; the adults around them have greater expectations of them; school demands increase; peer pressure holds greater power over them and friendships and relationships change. Your child will need your love, support and guidance to navigate this remarkable journey.

How can you help?

Guidelines to support your child's journey through high school:

- Encourage your child to take responsibility for his/her own life in age-appropriate ways e.g. allow your child to pack his/her own bag, make his/her own school lunch, do homework without constant supervision. Don't expect your child to be able to do these things without your initial support.
- Encourage independence and responsibility. Children who are independent and who take responsibility for themselves will develop good self-esteem. This will help them to make good choices and resist negative peer pressure.
- Allow your child to understand and accept the consequences of his/her actions. Don't rescue your child before the fall but be there to support him/her in case of the fall.
- Allow your child to be disappointed sometimes. This is a life skill that will stand him/her in good stead in the adult world.
- Listen to your child's points of view and opinions without judging them. Talk about political and current issues so that your child develops an understanding of the world.
- Encourage your child to give of him/herself to others.
- Help your child to organise his/her life. Support the development of diaries on a daily basis. Make use of the test and project timetable that your child receives at the beginning of each term to ensure that your child learns to meet deadlines.
- Encourage healthy engagement in the different aspects of College life. Teenagers grow through new experiences and will develop confidence through sport, music, drama, art and outreach.

Remember that teenagers are different to younger children... but they need your love, guidance and support as much as ever!

Please do not hesitate to contact Ms Glover should you feel concerned about your child's emotional or academic well-being.

✦ **GRADE 9 AND 11 CAREER WORKSHOP AND JOB SHADOWING THIS TERM**

In order to assist our Grade 9 and 11 learners to develop an understanding of their personal strengths, abilities and interests and apply these to a career field of interest, Dainfern College has asked Paton Careers to run career choice workshops in the first term. The Grade 9 workshop will run on timetable-free day on 21 February and the Grade 11s will be run during two Life Orientation lessons in March.

Paton Careers uses a best-practice, broad-based approach where the Grade 9s and 11s will work through materials to assist their understanding of personal strengths and interests. Paton Careers provides a psychometrist to support this process. The learners will then be presented with various career fields that will suit their strengths and interests profile.

Paton Careers will not complete individual assessments. Should you feel that your child needs an individual career/subject choice assessment, please feel free to contact me for a referral to an educational psychologist.

A note from Paton Careers:

Paton Careers is a best-practice provider of career-related services. We offer career guidance, counselling, assessments, workshops and information to help individuals in all life stages make informed career choices. Paton Careers is part of the Paton Group, a niche supplier of recruitment, training and career-related services, which has a 14-year track record and impeccable credentials.

Job Shadowing

It is hoped that the coursework completed with Paton Careers will help the Grade 9 and 11 learners to make the best possible use of their Job Shadowing experience this year. All Grade 9 and 11 learners are required to spend 30 March on a job shadowing experience. This is the day after they return from the school camp. Grade 9 and 11 learners will not come to school on this day but should spend a full day job shadowing someone who will support their career decision-making.

JULIET GLOVER

HOD Life Orientation/Counsellor

✂ MEDIA CENTRE BOOKS DONATION

Thank you to the Smith family (Brittany Smith, Grade 8Y) for donating great reads for our media centre.

TRICIA MOODLEY

Media and Research Specialist

✂ OPEN DAY - THURSDAY, 2 FEBRUARY 2012 09H00 – 10H00

Have a cup of tea with the Principal, take a tour of our beautiful College and speak to our marketing department for further information on enrolment at Dainfern College.

✂ PARENT PRAYER GROUP

Philippians 4:6-7 "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

The Parent prayer meetings will take place every Friday at 07h10 in the interview room behind reception. Everyone is welcome. If you would like more information please email Cheryl Coetzee at ccoetzee@dainferncollege.co.za. We look forward to seeing the power of prayer active at Dainfern College.

CHERYL COETZEE

Deputy: Pastoral Care and Outreach

✂ PARENTS' ASSOCIATION NEWS

Dainfern Gumtree

If you have a business in the area or have something to sell please use the Dainfern Gumtree. Very affordable rates! For further information please contact Joanne Lund on 083 308-8828 or joanne1@mtnloaded.co.za.

MySchool Card

Please don't forget to use your card. Every swipe counts! If you don't have a card please contact Jacqui - jacqui.pitt@mweb.co.za or 072 290-0601.

Makro School Rebate Programme

All we need is your Makro Card number! Every purchase you make at Makro Woodmead goes towards helping us earn vouchers back for our school. Please email your card number to Joanne - Joanne1@mtnloaded.co.za or SMS it to 083 308-8828.

JOANNE LUND

Chair – PA

DATES TO DIARISE

| DATE | TIME | EVENT | VENUE |
|-------------|---------------|-------------------------------------|--------------|
| Tues 31 Jan | 14h45 – 16h45 | Akani Outreach | Diepsloot |
| Wed 1 Feb | 09h00 – 10h00 | Open Day | Media Centre |
| Sat 4 Feb | 08h00 – 17h00 | IEB User Group National Conferences | Birchwood |
| | 08h45 – 11h15 | Akani Outreach | Diepsloot |
| Tues 7 Feb | 14h45 – 16h45 | Akani Outreach | Diepsloot |
| | 18h00 | FinCom Meeting | Boardroom |



CELEBRATE

community • campus • continuity

Calling all Parents

Join our

CELEBRATION CAMPAIGN LAUNCH

Save the Date !!!

6th March OR 7th March

18h00 – 20h00 Details to follow ...

DAINFERN
College

Foundation



SPORTING FIXTURES

| DATE | TIME | EVENT | VENUE |
|----------------------|----------------|-------------------------------|--|
| Monday 30 January | 15h00 | Boys' Tennis vs. St Stithians | St Stithians |
| Monday 30 January | 15h00 | Chess match vs. Crawford LH | Bryanston |
| Tuesday 31 January | 15h00 | Girls' Tennis vs. Brescia | Brescia |
| Wednesday 1 February | 14h00 16h00 | Cricket vs. South Downs | u14 & 2 nd - DFC u15 & 1 st - South Downs |
| Thursday 2 February | 15h00 | Swimming galas | A - Randpark B - DFC |
| Friday 3 February | 15h00 | Boys' Tennis vs. Greenside | Greenside |
| Friday 3 February | 14h30 | InterHouse cricket - K v P | DFC |
| Friday 3 February | 15h00 | Golf matches | A - Fourways B - St Dunstan's |
| Saturday 4 February | 09h00 | Cricket vs. HeronBridge | u15 & 1 st - DFC u14 & 2 nd - HBC |
| Monday 6 February | 15h00 | Boys' Tennis vs. Pecanwood | DFC |
| Monday 6 February | 15h00 | Chess match | Bryanston |

SPORTING RESULTS

| SPORT | TEAM | OPPONENTS | RESULTS | | |
|---------------------|--------------------|---|---|-------------------------------------|---------|
| Cricket | u14 | Crawford | DFC 134/2 - Crawford 97/7 DFC won by 37 runs Bandile Damoyi 45* 3/9; Ruwellyn Chetty 40 | | |
| | u15 | Crawford | DFC 160/4 - Crawford 78 DFC won by 82 runs Jamie Rout 78; James Weir 4/14 | | |
| | 2 nd XI | Crawford | DFC 109/4 - Crawford 110/7 DFC lost by 3 wickets Bradley van der Merwe 54 | | |
| | 1 st XI | Crawford | DFC 109 - Crawford 76 all out DFC won by 35 runs Gareth Bayvel 5/18 | | |
| Tennis | Girls | St Dunstan's | On 24 January, the Girls' first tennis team played a home match against St Dunstan's. The girls have moved up to Section A1 of the league, which is placed just before Premier League, so our competition will be much tougher this season. Our A Team lost 22-59 and our B Team lost 23-58. We lost overall by 45 games to 117. Well done to Sunuri Subramoney, Tessa Pillay and Hadley Dickinson for winning their singles matches. | | |
| InterHouse Swimming | | Griffin 444 Kraken 387 Phoenix 327 | Congratulations to the following swimmers who broke InterHouse swimming records | | |
| | | | I/MEDLEY | Todd Skinner | 1.01.03 |
| | | | BACKSTROKE | Todd Skinner | 27.59 |
| | | | BACKSTROKE | Garth Skinner | 31.54 |
| | | | BUTTERFLY | Natasha vd Walt | 31.96 |
| | | | FREESTYLE | Tom Carruthers & Richard Eltringham | 28.19 |
| | | | MMR U 17 | Kraken | 2.11.02 |
| | | | FR U 17 | Griffin | 53.54 |
| | | Junior Victor -Jordan Clark Senior Victor -Todd Skinner Junior Victrix - Caroline Smart Senior Victrix - Natasha vd Walt Best performance- Todd Skinner Spirit Cup - Griffin | | | |

CENTRAL GAUTENG PROVINCIAL CYCLING CHAMPIONSHIPS

On 21 and 22 January, three Dainfern College High School boys took part in the annual Central Gauteng Provincial Cycling Championships. The boys did exceptionally well, all placing in the top 10 in their age groups. The results were as follows:

| Time Trial | Road Race |
|--|--|
| Mitchell Sparrow 4 th & Sam Lambson 6 th U/16 (20km) | Mitchell Sparrow 3 rd u/16 (84km) & Nicholas Stein 6 th JNR Boys (112km) |

DAINFERN GUMTREE

DO YOU HAVE A BUSINESS IN THE AREA OR HAVE SOMETHING TO SELL?

Advertise in the DAINFERN GUMTREE.

For more info contact JOANNE

Joanne1@mtnloaded.co.za

FOR SALE

Two-seater white leather couch (2 years old) &
two cream armchairs in excellent condition

R10 000



Contact Linda
083 391-1001

K~Chauffeur Service Johannesburg

Contact Millie: + 27 (0) 73 564 6305

Email k-chauffeurservice@hotmail.com



VIP Scholar Transfers. Please Contact us for a quote
visit us on www.Jozikids.co.za

THE *Red* CHAIR

Inspiration Design Perfection



Paint Techniques

- Hand painted kitchens (new and existing), furniture, walls, etc
- Rejuvenate and refresh old furniture

Anna-Marie 073 105 2408

Fax 086 542 1010

Email ajansen@gam.co.za

Honey



Honey is a young, dynamic, exciting and innovative company marketing high quality fashion jewellery, handbags, watches, rings and things. The Honey collection is filled to the brim with fabulous styles at amazing prices! For all your fashion accessories contact Lisa Mancer on 082 454 0807 or lisa.mancer@mtloaded.co.za to receive the latest catalogues. Deliveries the same week if orders are in by Monday, 8 am.

BILTONG

Hey moms - stuck for school or office lunch box ideas?

Try my biltong!

Beef Biltong snap sticks packed in 650g packs @ R155 (chilli sticks also available)
Dry wors packed in 650g packs @ R155
Sliced biltong @ R175 per kilo
Grade A meat and can freeze and take out what is needed
Delivery free in close surrounds to the school

Samples are available.

Call/SMS/Mail VANESSA 074 179 5558 / biltong@hotmail.co.za (Dainfern College mom)





CORICRAFT "L"-shaped couch BRAND NEW

Colour Air force Grey (light charcoal)

Paid R10 000.00 - Asking R7 000.00

Measurements: 2.60m by 1.00m, "L" length 1.50m

Please contact Felicia Males on 082 922-9720

Chartwell Stables Children's Riding School



Lessons offered to children
from the age of 5 years.

Each child starts off with half-hour private
lessons and then moves into a group
for hour lessons.

- Safe ponies - Qualified instructors -
- Training shows -

Fun days and pony camps held regularly

Half bait and full livery available

Tel: SHIRLEY 083 500-0103 or
LIZETTE (stables) 073 952-8572

FOR SALE

1. **Teak swaying cradle**
Includes mattress. Immaculate
condition - looks brand new: **R1500**
2. **Teak sleigh cot**
Immaculate condition, including
mattress and cot protectors: **R5000**
3. **Graco baby 4x4 stroller**
Black & beige: **R1700**
4. **Iseos baby seat**
For 1-4 years: **R1000**
5. **Mia Moda stroller**
Lightweight, easy to fold, very good
condition: **R800**
6. **Comfortable Futon bed**
Beechwood base and psychedelic
purple mattress: **R1500**

Viewing by appointment only.

Contact **Iman** on 011 469-5556 or 082 561-
3348

DYNAEROBICS

Bored with the gym or the same old treadmill?

Insanity training / Boot camp classes / Pilates and Personal training

For ultimate results

Venue: Yours or mine - 496 Spion kop Ave, North Riding Equestrian Estate

Contact Lesley McKay - 082 4479678 or lesleyjmckay@vodamail.co.za



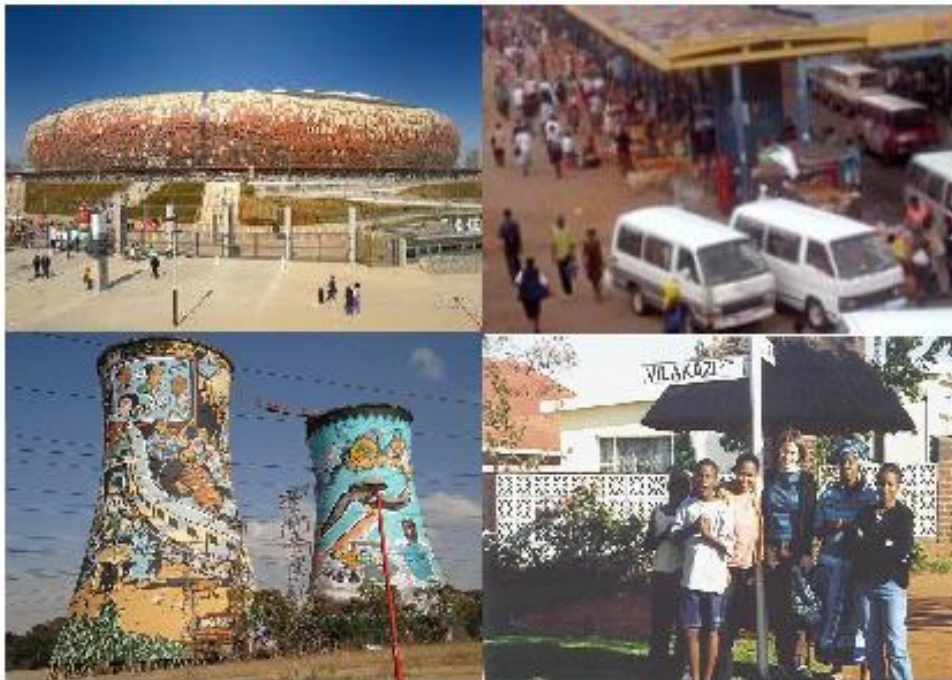
We operate from 7-seater buses to 65-seater buses to cater for families, groups, corporates and school children.

Charges are **R650 p.p** for a 5 hour tour to visit the main historic landmarks. School children get reduced rated depending on age.

Contact **Phumla** on : **084 819 7407** or **Isaac** on **082 269 6736**

push.mush@gmail.com or isaacm@iburst.co.za

WEST POINT SOWETO TOURS



Come tour Soweto with a person who grew up in the township, get real first hand information about the township.

- See Hector Pieterse Memorial named after Hector Pieterse (Pitso), a 12 year old boy who was killed on the 16th June 1976.
- See Vilakazi Street , famously known as the only street where two Nobel Peace Prize winners have lived — Nelson Mandela, whose home is now a museum, and Archbishop Desmond Tutu.
- See the largest Catholic Church in Soweto. The church was built in 1964. The name in Latin means 'Queen of the World'. It played a pivotal role to the townships resistance against apartheid.
- See Bara Taxi Rank the biggest and busiest bus and taxi rank in Soweto. All Soweto taxis converge here, and this makes it a lucrative market for informal traders.
- See the Orlando Power Station, once cooling towers, the 33-storey towers are beautifully decorated with murals of South Africa, and now give visitors the chance to bungee jump, abseil down the towers and power swing between the two structure, and much more.
- See FNB Stadium that hosted the opening ceremony, opening match, four first-round matches, one second-round match, one quarter final and the final of the 2010 FIFA World Cup